



**SCHOOL OF NURSING**  
University of Wisconsin-Madison

**N590 Culturally Congruent Health Care Practice**  
**Fall, 2012**

**Time & Place:** Wednesdays from 4:30 to 6:30 p.m.  
East Tower of the Wisconsin Institute for Medical Research  
(WIMR), Rm 3001 A&B

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**Credits: 2**

**Course Overview:**

This seminar provides a facilitated forum for students to critically reflect on their socially constructed identities and the impact these identities have on their future work. Students meet in a safe and respectful environment to discuss and develop strategies for building awareness, skills, and knowledge needed for self-exploration of beliefs and attitudes regarding racial, ethnic, and cultural aspects of identity. Concrete strategies for integrating cultural assessment into patient-centered care will be included. Readings, videos, reflective writing, guest speakers, and group work provide the vehicle to explore the impact of race, class, gender, age, ability, sexual identity and other defining aspects of our identities and how these interact with our work as health professionals. The active learning classroom activities and service learning experiences help students apply culturally congruent concepts and strategies to real life situations and bring their experiences back to class for additional exploration or problem-solving. In short, we engage the “textbooks of our personal lives” as the basis for exploring the “textbooks of our professional lives.”

This course incorporates elements of the Seeking Equity and Educational Diversity (SEED) program offered through the UW-Madison Office for Equity and Diversity (OED) and the SEED Learning Community of UW-Madison. SEED (Seeking Educational Equity and Diversity) is a national project on social justice pedagogy and cultural change begun and coordinated by Peggy McIntosh (Wellesley College), Emily Styles (Wellesley College) and Brenda Flys-With-Hawks (Santa Rosa College).

*“We don’t see things as they are, we see things as we are”  
-Anais Nin*

**Course Objectives:**

This course is designed to:

1. Enrich your awareness about how socially constructed identities affect your cross-cultural interactions and relationships in health care;
2. Increase your understanding about concepts relevant to culturally congruent care, e.g., diversity, world view, social justice, power, privilege, cultural safety, micro aggression, othering, marginalization, respect, compassionate curiosity, racism, discrimination, cultural conflict, and health literacy;
3. Develop your ability to critique the major constructs of practice models/theories relative to culturally congruent patient-centered care; and
4. Enhance your skills in the application of culturally congruent principles to your clinical practice.

**Schedule**

Note: Topics may be subject to change depending on seminar participant dynamics, input and preferences and nature of dialogue.

<b>Date</b>	<b>Week</b>	<b>Topic</b>
Sept 5	1	Seminar overview and introductions
12	2	Social identities and culturally congruent practice
19	3	Power, privilege, social justice
26	4	Ability
Oct 3	5	Gender
10	6	Lesbian, Gay, Bisexual, Transgender Identities
17	7	Religion/Spirituality
24	8	Age + Project outline
31	9	Socioeconomic Status
Nov 7	10	Race and Ethnicity
14	11	Nationality/Immigration Status
<b>21</b>	<b>12</b>	<b>No class—work on your project</b>
28	13	Health Literacy + project draft in class
Dec 5	14	Theories of Culturally Congruent and Patient-Centered Care
12	15	Final Projects presented in class; Seminar Closing